

KEYNOTE SPEAKER  
**George Lynn,**  
 “Nurturing the Genius of Your  
 Wild Odd Oppositional Child”

TUESDAY, OCTOBER 16th, 2007

KEYNOTE SPEAKER  
**Gen Howe,**  
 “Protecting our Children  
 Environmental Exposures and Children’s Health:  
 What do we know?”

KEYNOTE SPEAKER  
**George Lynn,**  
 “Keys to Parental Hardiness – Staying Healthy  
 Despite the Stresses of Parenting”

MONDAY, OCTOBER 15th, 2007

MSU Kellogg Center  
 East Lansing, Michigan  
 Hotel Reservations: 1-800-875-5090  
 \*Reduced Parent Registration Fees  
 \*Early Bird Registration and Room Rates  
 \*Dinner, breakfast, and two lunches included  
 \*Exhibits  
 \*Monday Evening Entertainment  
 \*Prizes

*ACMH Conference Highlights  
 ~ October 15th, 16th, 2007 ~*

*Keynote Speaker*

**George Lynn, M.A., L.M.H.C.**



Join George Lynn, popular author and pioneering psychotherapist for two inspiring keynote sessions. George Lynn, is a parent and licensed mental health counselor from Bellevue, Washington who has pioneered the use of psychotherapeutic methods for children with psychiatric diagnoses such as ADD, Bipolar Disorder, Tourette syndrome, and Autism. He lectures nationally and internationally on the topic of parenting children with very difficult behaviors and is the author of four popular books: *Survival Strategies for Parenting Your ADD Child* (1996), *Survival Strategies for Parenting Children with Bipolar Disorder* (2000), *Genius! Nurturing the Spirit of the Wild, Odd, and Oppositional Child* (2006), and *The Asperger’s Plus Child: How to identify and help children with Asperger syndrome and seven common coexisting conditions* (2007).



**ACMH 2007 Conference  
 Success One Day At a Time:  
 Fostering Your Family’s Mental Health**

**KEYNOTE SESSIONS**

Speaker: George Lynn  
 MONDAY, OCTOBER 15, 2007

**Keys to Parental Hardiness –  
 Staying Healthy Despite the Stresses of Parenting**

Speaker: George Lynn  
 TUESDAY, OCTOBER 16, 2007

**Nurturing the Genius of  
 Your Wild Odd Oppositional Child**

**FEATURED SESSION\***

Speaker: Gen Howe  
 MONDAY, OCTOBER 15, 2007

**Protecting our Children’s Health –  
 Environmental Exposures and Children’s Health –  
 What We Know**

*\*Featured session generously sponsored by the Learning Disabilities Association of Michigan’s Healthy Children’s Project (HCP) – HCP is dedicated to informing families about toxic substances in the environment and ways these substances may affect children’s mental, physical, and social development. Learn what you can do to protect children from potentially harmful environment substances.*

*Featured Speaker*

**Genevieve Howe, M.A., M.P.H.**



Gen Howe, Environmental Health Campaign Director at the Ecology Center, and key facilitator of the Michigan Network for Children’s Environmental Health, will summarize scientifically demonstrated associations between toxins in the environment and impacts on child development. She will include a look at investigations links between environmental toxins and mental health problems and give us some practical tips about reducing exposure for our children.

For the past 10 years, Gen has been involved in research, writing, and advocacy on topics concerning the impact of toxins on public health and the environment and the political and economic forces that foster environmental contamination. ACMH is a member of the Michigan Network for Children’s Environmental Health.

**ACMH**

MENTAL HEALTH

ASSOCIATION FOR CHILDREN’S

FOSTERING YOUR FAMILY’S MENTAL HEALTH



**Success**  
**Oct. 15-16 2007**

**One day at a time**

**Kellogg Center MSU, E. Lansing**

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 LANSING, MI  
 PERMIT NO. 305

# KEYNOTE AND BREAKOUT SESSIONS

**Monday, October 15, 2007**

Registration Begins at 10:30 am

## 11:30 – 12:30 Welcome and Lunch

## 12:45 – 3:15 Concurrent Workshops

### • **How Do You See The World?**

How are you energized? How do you make decisions? How do you organize your time? Join us as we discover new insights about ourselves and others, using the Myers-Briggs Personality Inventory. Come and learn what these letters mean, and why they can be helpful to you!

**Presenter:** Mary Anne Lazelere, *retired Lansing teacher, former ACMH board member and life-long family advocate*

### • **IDEA 2004** – Learn more about the important changes in the regulations which govern special education services for students with disabilities.

**Presenter:** Mark McWilliams, *MI Protection and Advocacy Service, Inc.*

### • **The Emotional Maze of Adolescence** – A session for parents and caregivers who want to learn more about adolescence and its impact on teens with mental health issues. Risks, coping and intervention strategies for parents/caregivers will be discussed.

**Presenter:** Cathleen Higgs, *parent of three children adopted from Guatemala with mental health issues including Attachment Disorder, Dyslexia, ADHD and the impact of adoption on emotional health. Cathy has experienced the teen years “up close and personal.” Her children are now 23, 18 and 12 years old. Cathy is also a Licensed Practical Counselor and works as a Rehabilitation Counselor and Case manager.*

## 3:30 – Keynote Presentations

### Featured Presentation

Gen Howe

*Protecting our Children*

Environmental Exposures and Children’s Health: What do we know?

### Keynote

George Lynn

Keys to Parental Hardiness – Staying Healthy Despite the Stresses of Parenting

## 6:00 – Dinner & Entertainment

**Tuesday, October 16, 2007**

Registration Begins at 7:30 am

## 7:45-8:30 Welcome and Continental Breakfast

## 8:30 – Keynote Presentation

### Keynote

George Lynn

Nurturing the Genius of Your Wild Odd Oppositional Child

## Concurrent Sessions (10-11am, 11:15-12:15pm, and 1:45-2:45pm):

### • **ADHD Update – Do you have questions concerning your child and ADHD?** Join pediatrician, **Lewis Resnick, M.D.** for an ADHD overview and discussion

### • **Does Your Child Want to Go to College? How You Can Help** – Learn the differences between high school & college, tips for finding the right college and strategies for student success (support services & accommodations)

**Presenter:** John Pedraza, *Psychiatric Disability Specialist, MSU Resource Center for Persons with Disabilities*

### • **Prepare, Plan, and Stay Informed - Getting Your Family Ready for Emergencies** Learn what to do to prepare your family for emergencies (house fire, natural disaster, acts of terrorism)

**Presenter:** Sgt. Kevin Sweeney, *Homeland Security Section, Michigan State Police*

### • **How do Parents Struggling with their Own Mental Health Challenges Effectively Parent?** A panel of parents share their experiences and lessons learned from parenting during times of individual, child, and family challenges.

**Panelists:** Lori Eva, Jackie Igafo-Téo, and Dalia Smith

**Moderator:** Joanne Riebschleger, *ACMH Board Member & MSU Asst. Professor of Social Work*

### • **Michigan’s Public Child & Family Health Care Programs ~ You may be Eligible!** This training will provide you with basic information about several public health programs that your family may qualify for including: MICHild, Healthy Kids, MOMS, Plan First and Community Mental Health Services.

**Presenter:** Lisa Cook-Gordon, *MSA, BSW - Project Manager, Michigan Family-to-Family Health Information and Education Center*

### • **Children’s Mental Health Assessment, Diagnosis & Treatment** – Dr. Tindall will provide a general overview of mental health diagnosis and treatment for children with severe emotional or behavioral disorders. She will discuss: assessment and diagnosis-including multiple diagnosis and frequent changes in diagnosis; the types and goals of therapy, assessing progress in therapy; and a brief discussion of psychotropic medication. A question & answer sessions will follow her presentation.

**Presenter:** Dr. Shauna Tindall, Ph.D.

### • **Evidence Based Practices** – The presenters will be discussing Evidence Based Practices with a special focus on the Parent Management Training-Oregon Model (PMTO). The State of Michigan has selected PMTO as the evidence based practice it is implementing across the state for children with a serious emotional disturbance. The presenters will share some of the results of the training and the impact the training is having on the staff and children/families served with PMTO.

**Presenters:** Jim Wotring, *MI Dept. of Community Health Director, Programs for Children with Serious Emotional Disturbance & Kay Hodges, Ph.D.*

### • **Preparing for Meetings: A Parent Guide** – Too often, parents arrive at meetings with school people, health care providers, and social service agencies only to find themselves unprepared to make the most of the opportunity to obtain or improve their children’s services. This session will help parents prepare for meetings, with an emphasis on schools (IEP, behavior plan, and manifestation determination meetings) and the public mental health system (intake, family centered planning).

**Presenter:** Lynne Tamor, *ACMH Advocacy Coordinator Oakland County*

### • **Does Your Child Struggle in School?** Learn the Basics of Positive Behavior Support (PBS) and Ways PBS Strategies Can Help Your Child

**Presenter:** Bernard Travnikar, Ed.D. *independent contractor in the areas of long-term school improvement and behavior support for individual students who pose and experience severe behavior challenges.*

## Awards Luncheon

## Dessert, Prize Drawings, and Closing Remarks

## 3:30 PM 2007 ACMH Annual Conference Adjourns

The Association for Children’s Mental Health is a statewide family organization. ACMH provides information, referral, resources, advocacy and support for families of youth with mental, emotional, behavioral or substance use disorders. Persons encouraged to attend are family members, health professionals, educators, administrators, and others who work with children with mental health challenges. For more information, contact the ACMH office at 517/372-4016 or 1/888/226-4543.

## Registration Form

Name \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Email \_\_\_\_\_  
Agency/Organization \_\_\_\_\_  
Special Dietary/Accommodations Needs \_\_\_\_\_  
Please Check the applicable choice:  Parent/Cargiver of the child with mental health disorder  
 Youth  Other

### REGISTRATION FEES – Includes meals – *Parent Scholarships Available*

**Before October 2**    **After October 2**

Member.....\$150.00..... \$175.00

Non-member.....\$190.00..... \$215.00

*For parents/caregivers of a child with a mental health disorder who are members of ACMH*

Parent Member.....\$75.00..... \$100.00

Membership dues:.....Parent ..... \$ 5.00 \_\_\_\_\_

.....Professional..... \$35.00 \_\_\_\_\_

Donation..... \_\_\_\_\_

Total Amount Enclosed..... \_\_\_\_\_

### PARENT/CAREGIVER SCHOLARSHIP

A limited number of scholarships are available for parents/caregivers of a child with special emotional, behavioral, or social needs. Please contact your local ACMH Family Advocate or the ACMH office at 1-888-226-4543 or 517-372-4016 for more information.

Payment Method: Check Enclosed  Money/Purchase Order  Master Card  Visa

Name as appears on card \_\_\_\_\_

Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Mail payment payable to ACMH and complete registration form to::

Association for Children’s Mental Health  
100 West Washtenaw, Suite 4, Lansing, Michigan, 48933  
Questions? Call Toll Free 1-888-226-4543 or 517-372-4016