

**Registration deadline is**

**January 6, 2012**

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**\$50 fee includes**

**notebook and  
refreshments.**

**Sorry, child care is NOT provided**

MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.

Accommodations for persons with disabilities may be requested by contacting the Kent MSUE Office at 616-336-8998 at least 2 weeks prior to class to make arrangements. Requests received after this date will be fulfilled when possible.

"Parenting is a process of interactions designed to nourish, protect, and guide a new life through the course of its development."

*The Nurturing Parenting Programs®  
by Stephen J. Bavolek, Ph.D. are  
evidence-based and published by  
Family Development Resources, Inc.*

**MICHIGAN STATE UNIVERSITY** | Extension

***For more information contact:***

**Holly Tiret  
MSU Extension  
775 Ball Ave NE  
Grand Rapids, MI 49503**

**[tiret@anr.msu.edu](mailto:tiret@anr.msu.edu)**

**616-336-8998**

**MICHIGAN STATE UNIVERSITY** | Extension

# ***Nurturing Parenting***

**A series of  
six classes  
3:30-5:30 PM  
Mondays  
beginning  
January 9, 2012  
at**

**MSU Extension Kent  
775 Ball Ave. NE  
Grand Rapids**

***For parents, grandparents,  
childcare providers and others  
who care for children***



***For parents of children  
ages birth to 12***

Please do not bring children -  
Child care is not provided.

**The Nurturing Parenting Program®  
by Stephen J. Bavolek, Ph.D.**

Skills and strategies include:

1/9—The Philosophy and Practices of  
Nurturing Parenting, AND Learning  
Positive Ways to Deal with Stress  
and Anger

1/16—Ages and Stages of Growth  
for Infants and Toddlers

1/23—Ways to Enhance Positive  
Brain Development in Children and  
Teens

1/30—Communicating with Respect  
AND Understanding Feelings

2/13—Building Self-Worth in Chil-  
dren, AND Praising Children and  
their Behavior

2/20—Understanding and Developing  
Family Morals, Values & Rules, AND  
Alternatives to Spanking

**Dates**

**Six sessions:**

**Jan 9, 16, 23, 30**

**Feb 13, 20**

**Time 3:30—5:30 pm**

**Location**

MSUE Kent County  
775 Ball Ave NE  
Grand Rapids MI  
49503

**Presenter**

Holly B. Tiret, MA Ed.  
MSU Extension Educator



**MSUE Kent County Nurturing Parenting Registration Form — Class begins Monday January 9, 2012.**

Please return this registration with the \$50 fee by January 6, 2012. Check payable to Kent/MSUE.  
\$50 fee covers second parent to attend if sharing materials. Please list both names if two people will attend.

Send to:  
MSU Extension  
775 Ball Ave NE  
Grand Rapids MI 49503  
616-336-8998, FAX: 616-336-3836

Names): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Payment enclosed: \_\_\_\_\_