



**In Partnership with Oakland Schools and the Oakland County  
Department of Human Services**

## **The Effects and Treatment of Childhood Trauma**

A workshop designed to help caregivers and professionals understand the effects of trauma on youth and how they can help in the course of treatment.



### **After the workshop, participants will be able to:**

- Define a traumatic experience
- Identify the types of trauma
- Define trauma recovery
- Identify the symptoms of trauma and how trauma affects childhood development and behavior.
- Identify specific tools to promote feelings of safety and well being in traumatized youth
- Identify the various systems that a youth exposed to trauma may become involved with and how those systems can provide integrated support to the youth and family.
- Identify the signs and symptoms of compassion fatigue as well as some helpful hints to good self-care.

**Where:** Oakland Schools  
2111 Pontiac Lake Road  
Waterford, MI 48328

**When:** Tuesday, January 17<sup>th</sup> 8:00 am to 12:30 pm  
AND  
Tuesday, February 14<sup>th</sup>, 8:00 am to 12:30 pm

- The workshop is **FREE**
- Workshop is approved for Social Work CEU's
- Continental Breakfast and Materials provided

To register, please contact: Andrea Fisher 248-858-9125, 248-858-1210 ext. 311  
Maximum 30 participants per session