In December 2016, a student in Michigan lost her life to suicide. As a result of this tragic loss, memorial funds were donated to the Association for Children's Mental Health (ACMH) in hopes that our organization could help make a different for teens that are currently struggling.

In response, the ACMH Statewide Youth Advisory Committee, a group of youth who have personal experience with mental health challenges, created a toolkit to raise awareness and offer support and education to help put an end to teen suicide.

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**DID YOU KNOW...?**

- SUICIDE IS THE **SECOND** LEADING CAUSE OF DEATH FOR AGES 10-24.
- EACH DAY IN OUR NATION, THERE ARE AN AVERAGE OF **OVER 3,041 ATTEMPTS** BY YOUNG PEOPLE GRADES 9-12. IF THESE PERCENTAGES ARE ADDITIONALLY APPLIED TO GRADES 7 & 8, THE NUMBERS WOULD BE HIGHER.
- **FOUR OUT OF FIVE** TEENS WHO ATTEMPT SUICIDE HAVE GIVEN CLEAR WARNING SIGNS.

These statistics are more than just numbers. **Suicide is happening right now.**

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**LISTEN. REACH OUT. ACT.**

You may help save a life.

FOR MORE INFORMATION AND RESOURCES, PLEASE ACCESS OUR WEBSITE AT WWW.ACMH-MI.ORG