



DID YOU KNOW...?

- SUICIDE IS THE **SECOND** LEADING CAUSE OF DEATH FOR AGES 10-24.
- SUICIDE IS THE **SECOND** LEADING CAUSE OF DEATH FOR COLLEGE-AGE YOUTH AND AGES 12-18.
- EACH DAY IN OUR NATION, THERE ARE AN AVERAGE OF **OVER 3,041 ATTEMPTS** BY YOUNG PEOPLE GRADES 9-12. IF THESE PERCENTAGES ARE ADDITIONALLY APPLIED TO GRADES 7 & 8, THE NUMBERS WOULD BE HIGHER.
- **FOUR OUT OF FIVE** TEENS WHO ATTEMPT SUICIDE HAVE GIVEN CLEAR WARNING SIGNS.

**These statistics are more than just numbers.
Suicide is happening right now.**

In December 2016, a student in Michigan lost her life to suicide. As a result of this tragic loss, memorial funds were donated to the Association for Children's Mental Health (ACMH) in hopes that our organization could help make a difference for teens that are currently struggling.

In response, the ACMH Statewide Youth Advisory Committee, a group of youth who have personal experience with mental health challenges, created a toolkit to raise awareness and offer support and education to help put an end to teen suicide.

LISTEN. REACH OUT. ACT.
You may help save a life.

FOR MORE INFORMATION AND RESOURCES, PLEASE ACCESS OUR WEBSITE AT WWW.ACMH-MI.ORG