

Nationwide
Essay Contest

ENTRIES
DUE
APRIL 30, 2022

SPEAKING UP ABOUT MENTAL HEALTH



Open to
students
ages 16-18

Multiple
prizes!

Topic:

What can we do as a society to reduce stigma and foster resilience and coping in young people seeking mental health treatment?

Learn more:

nimhd.nih.gov/MentalHealthEssayContest

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National Institutes of Health