



HOW FAMILY DRIVEN, YOUTH GUIDED CAN HELP BUILD A BETTER SYSTEM

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OUTLINE

- Family Driven, Youth Guided Overview
- Service Delivery
- Community Mental Health Board
- MDHHS/State Government
- Legislature

WHAT IS AUTHENTIC PARENT AND YOUTH VOICE?

- Partner
- Trust
- Shared Power
- Equity
- Respect
- Problem solving
- Shared Values and Beliefs

DEFINITION OF FAMILY-DRIVEN CARE

- Family-driven means families have a primary decision-making role in the care of their own children as well as the policies and procedures governing care for all children in their community, state, tribe, territory and nation.

National Federation of Families for Children's Mental Health

YOUTH-GUIDED DEFINITION

- Youth-guided means that young people have the right to be empowered, educated, and given a decision-making role in the care of their own lives as well as the policies and procedures governing care for all youth in the community, state and nation. This includes giving young people a sustainable voice and the focus should be toward creating a safe environment enabling a young person to gain self-sustainability in accordance with their cultures and beliefs.

FAMILY DRIVEN, YOUTH GUIDED CARE CHILD AND FAMILY/SERVICE LEVEL

- Parent/caregiver & youth contributes to development of treatment plan
- Parent/caregiver & youth decides who participates on treatment team
- Parent/caregiver & youth decides what services they want & need and the setting they are provided in
- Information is shared to ensure parents & youth can make informed choices
- Parents/caregivers & youth are treated with respect
- Parents/caregivers and youth and the primary decision makers in their care
- Parents/caregivers & youth are able to access flexible, comprehensive services that are individualized to what the family and youth find most helpful
- Parents/caregivers and youth are viewed as the experts on their own care
- Services, supports and treatment plans incorporate the unique wants and needs of each youth and family including their cultural and linguistic preferences

CMH SYSTEM LEVEL

- Parents/caregivers of youth with SED are employed within the system as peer support providers, evaluators, trainers, and supervisors
- Youth with SED are employed within the system as peer support providers, evaluators, trainers, and supervisors
- Parents/caregivers & youth are able to access peer delivered supports when requested
- Training, compensation, and supports for parents/caregivers & youth employed within the system
- Parents/caregivers & youth are involved in decisions of what services and supports will be included in the service array
- Family organizations are looked to as the source of training, technical assistance, and expertise around family driven and youth guided care

MDHHS SYSTEM LEVEL

- Parents/caregivers & youth are members of decision making bodies
- Parents/caregivers & youth are provided with training, information and mentoring to fully participate on committees, councils, and workgroups
- Funding decisions are made with parents/caregivers & youth input
- Parents/caregivers & youth are involved in the review, interpretation and decisions regarding quality improvement data and practices
- Policies exist to support parents/caregivers and youth on local and state decision making bodies
- Compensation and childcare are provided to parents/caregivers and youth to fully participate in decision making groups
- Membership on decision making groups is diverse and represents multiple geographic, socio-economic, and experiential groups
- Policies are in place to support the employment of parents/caregivers and youth

LEGISLATURE

- Supporting parents/caregivers and youth to be fully informed about the legislative process through mentors/guides
- Parents/caregivers and youth know how to and are given access to legislators at local, state and federal levels
- Partnering with families so their voice informs budget allocations and legislative decisions

COMMONALITIES AT ALL LEVELS

- Lived experience is valued and sought out to inform decision making around mental health
- Everyone has their own expertise they bring to the table, which is valuable
- Based on their individual expertise, everyone at the table is an equal partner
- Systems eliminating siloes and working in an integrated, System of Care approach would enhance communication and care

WHAT CAN YOU DO?

- What is one area of system change you would like to see?
- What actions do you think will be needed at these different levels to make that happen?
- How would this change help improve systems for families?
- Take 15 minutes to think about these questions and what next steps are needed to make your idea happen.