The MichiCANS

Identifying the areas where we can support youth and families, address needs and build strengths.
Youth and Families are Full Partners in their Care

- Full partners means having a say at every stage of the process of care, including assessment.

- Parents and caregivers are recognized as experts on their child and family.

- Youth and families identify their own strengths and needs.

- Reaching agreement of each youth and family’s story is consensus-based assessment.
Start with a partnership to understand the youth and family's story

- It is the job of the behavioral health provider to integrate all the story tellers into a single story.
- It is essential that the child, youth and family are the centerpiece of this story from their perspective.
- The plan of care emanates from this story.
- The outcome of care is defined by this story.
Youth and Families are Full Partners in their Care

What does it mean to have youth and families as full partners in their care?
What is Transformational, Collaborative Outcomes Management?

https://youtu.be/xM1CGFvN1qc
EXPERT PERSPECTIVE TOOLS VERSUS THE MICHICANS

Information Gathering → Experts Complete Tools → Measurement Tool
Communimetric Tools
INTEGRATED, CONSENSUS BASED PERSPECTIVES
The youth and family shares their story.

The behavioral health provider listens to their story.

The other story tellers share their perspectives.

The stories are combined, and a single narrative is agreed upon.
What is the Child and Adolescent Needs and Strengths (CANS)?

https://youtu.be/gDYrnp__Ap4
Teaming is an effective vehicle for collaboration on assessment, action planning and decision making. The MichiCANS can play a critical role in supporting these processes.

**Summarizes the Assessment Process**
The MichiCANS is intended to be the process by which the assessment information is organized, summarized, used and communicated once it has been collected.

**Integrates the Family’s Story**
The MichiCANS provides a summary of the youth and family's story, and it should be done as an integration of multiple story tellers.

**A Shared Vision for Coordinating Care**
The consensus-based process of determining action levels on items and prioritizing relevant needs and strengths to build creates a shared understanding from which a coordinated plan is developed.

**Supports Change Management**
Mapping the information from the MichiCANS to the plan facilitates outcomes monitoring and management by all members of the team including the youth and family, allowing for plan adjustment, acknowledgement of accomplishments and celebrating goals that have been met.
**Needs**
A characteristic of a youth and their family in an environment that could benefit from external support.

**Strengths**
A characteristic of a youth and their family in an environment, or an external factor, that provides the individual meaning and wellbeing.

**NEEDS AND STRENGTHS**
### Status and Impact

#### ACTION LEVELS

1. **No evidence of need.** No need for action.
   - **Strength identified.** Requires building in order to be useful for individual or planning.
   - **Useful strength.** Evident and can be accessed by individual; useful for planning.
   - **Well developed centerpiece strength.** Easily accessible by individual; essential for planning.

2. **Significant history of need, or possible need that is not interfering with functioning.** Watchful waiting, additional assessment.
   - **Need interferes with functioning.** Action/intervention required.
   - **Need is dangerous or disabling.** Immediate/intensive action required.

3. **No strength identified.** Considerable effort or building to create and develop strength.
• Includes youth with SED and Intellectual and Developmental Disabilities

• Can be used up to age 21

• Cross System understanding

• Elevates strengths and needs for planning

• May help to identify youth and families in a proactive, preventative way
Current Assessment Tools

- Child and Adolescent Functional Assessment Scale (CAFAS)
  - Phase out use of this tool over the next two to three years.

- Preschool and Early Childhood Functional Assessment Scale (PECFAS)
  - Phase out use of this tool over the next two to three years.

- Devereux Early Childhood Assessment (DECA)
  - Continue use of this tool up to age 6
MichiCANS - Ages 6-21

**DOMAINS**
- Life Functioning
- Individual Strengths
- Cultural Factors
- CG Resources & Needs
- Behavioral/Emotional Needs
- Risk Behaviors
- Developmental Needs Module
- Medical/Health Module
- Trauma Module
- Substance Use Module
- Dangerousness/Viol. Module
- Sexually Aggr. Behavior
- Runaway Module
- Juvenile Justice Module
- Fire Setting Module

**MODULES**
- Trauma Exposures
- Traumatic Stress Symptoms
CMHSP Access/Intake Centers

- Guide screening, initial assessment, and referrals for behavioral health services

Mobile Intensive Crisis Stabilization for Children Teams - Second Phase of Implementation

- Promote access to CMHSP and identify immediate needs
- Guide future de-escalation and stabilization activities and crisis planning
Clinical and Care Coordination Service Providers: Therapists, Case Managers, Wraparound Facilitators

- Ongoing assessment of youth and family functioning
- Guide treatment service planning across all life domains at youth and family team level
- Monitor outcomes and quality improvement
- Completed annually and after significant events
Questions/Comments
Development of Stakeholder Groups
CMH Children’s Administrators
Children, Youth and Families

Discussions with other states and those within our state who have implemented the CANS

Development of brief and comprehensive versions of the MichiCANS

Technical Assistance/Help Desk Website

Development of internal and external facing dashboards

MichiCANS Training and Certification for Behavioral Health Providers

Development of MichiCANS Learning Collaborative Meetings

Discussion with other states and those within our state who have implemented the CANS
FY 2024
Soft Launch for use of MichiCANS Brief and Comprehensive

FY 2025
Hard Launch for use of MichiCANS Brief and Comprehensive

FY 2026
Ongoing Use of the MichiCANS Brief and Comprehensive
Feedback and Input Regarding Implementation

- Seamless Transition from Existing Tools
- Piloting of Tool
- Learning Collaboratives
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