

ANNOUNCING:
Upcoming changes in Stay Well programming

1. The Stay Well Counseling line is being phased out. Dial or text 9-8-8 instead.

The Stay Well counseling line was originally set up as part of the state's COVID-19 information hotline (888-535-6136). Now that the COVID-19 Public Health Emergency has ended, we are discontinuing the Stay Well line effective Oct. 1, 2023, and directing callers to dial or text 9-8-8, Michigan's main source for crisis support, suicide prevention information, and referrals.

2. Stay Well online discussion groups are ending August 31.

After offering Zoom discussion groups for various pandemic-impacted populations over the last three years, we have decided to bring these groups to a close. The final discussion group to meet will be the [Support for Living with Long COVID](#) group, on Thursday, Aug. 31, 2023, at 7 p.m.



We are fortunate to have supported everyone who accessed our counseling line or participated in our discussion groups. We look forward to offering continuing behavioral health support through our psychoeducational webinars, interactive workshops, and many website resources!

Visit Michigan.gov/StayWell.

Stay Well is a crisis counseling program administered by behavioral health professionals at the Michigan Department of Health and Human Services (MDHHS) in partnership with the Michigan Public Health Institute (MPHI) and Gryphon Place. It is supported by state and federal funding.