

Bureau of Children's Coordinated Health Policy & Supports

**Expanding the Voice of Lived Experience
in State Government and Expanding Peer Support for Families**



Bureau of Children's Coordinated
Health Policy & Supports

Agenda

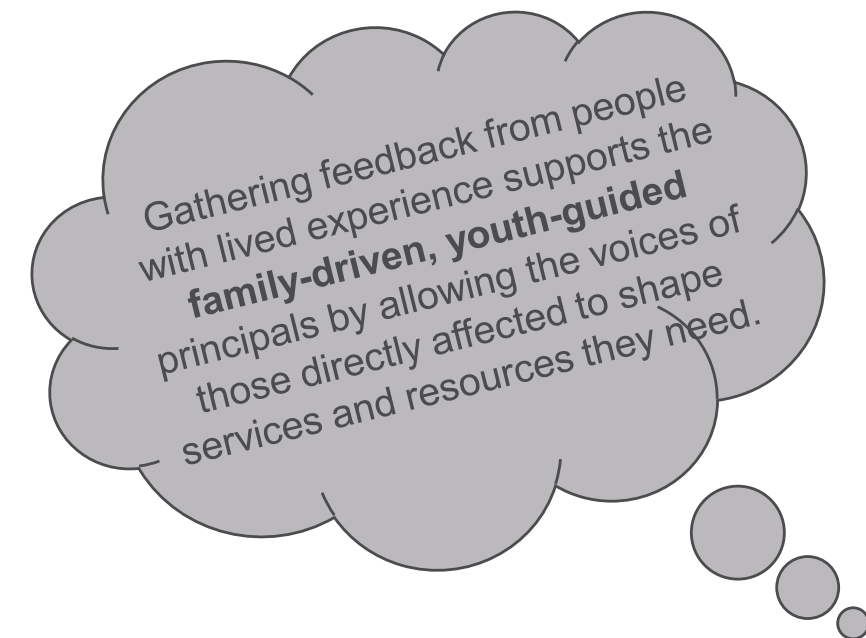


- Welcome & Icebreaker.
- Purpose.
- The Power of Redesign.
- Being Intentional.
- Where We Are Now.
- Peer Expansion Project.
- Discussion.
- Closing.

Purpose

Behavioral health is transforming for children, youth and families.

And with it, come new opportunities to
meaningfully integrate voices of lived experience
into the services, policies and systems across our state.



The Power of Redesign

Creating Systems that Welcome Lived Knowledge

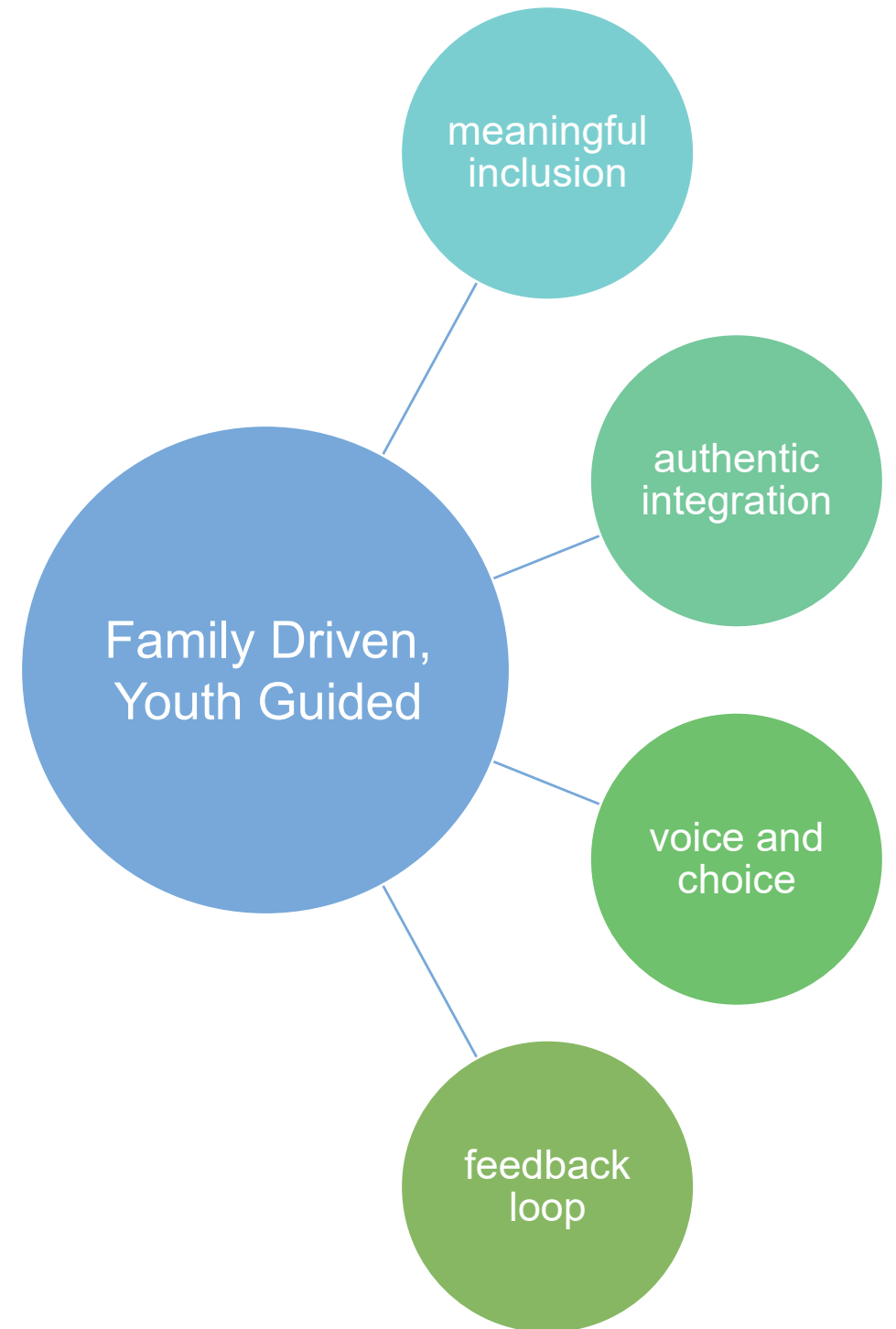


Do we need to professionalize people – or redesign the systems to recognize the value they already bring?

What needs to change *around* children, youth and families – not *about* them?

What if systems were built to adapt to lived knowledge, rather than requiring people to adapt to the system?

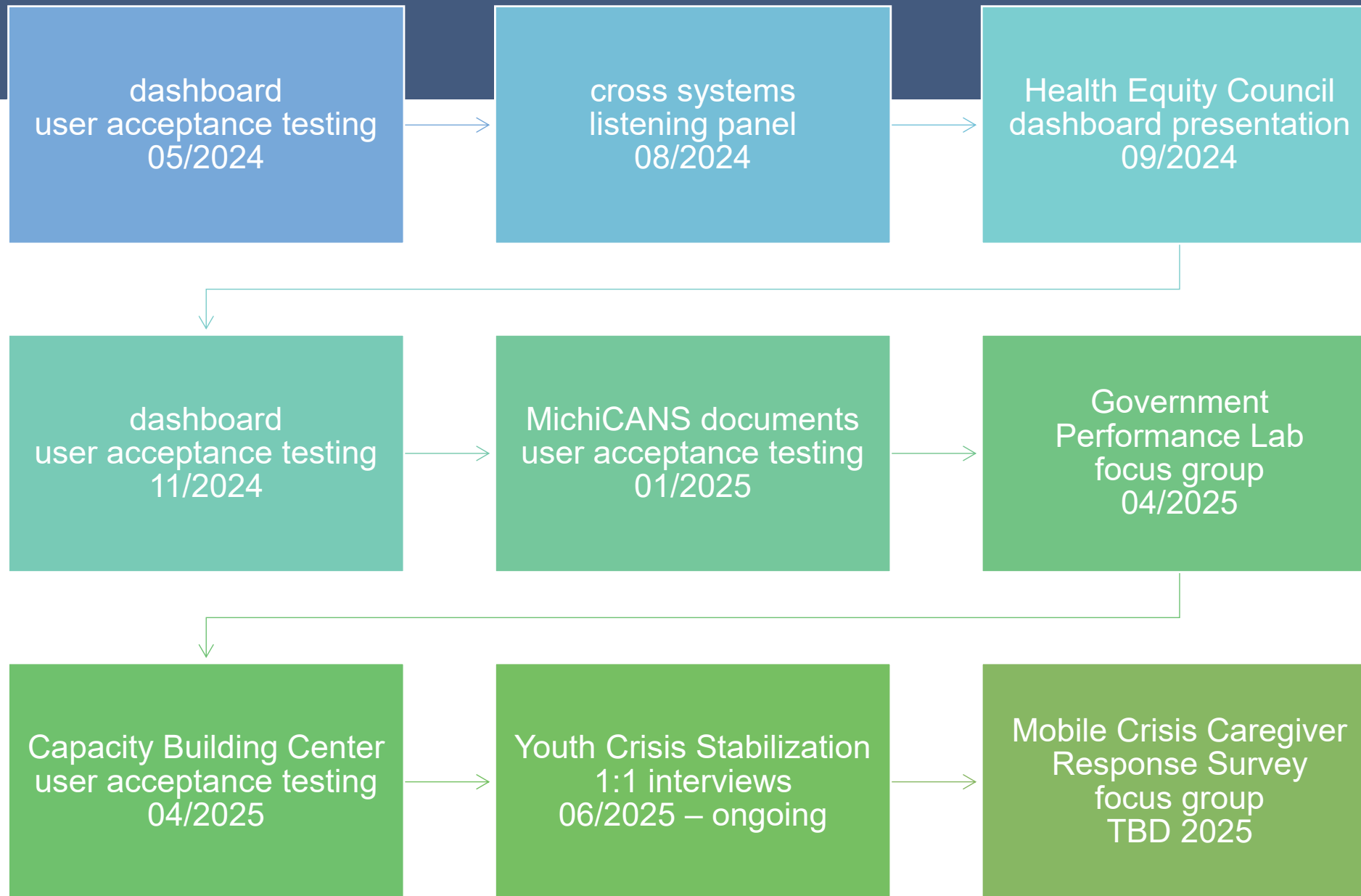
Being Intentional



Where We Are Now



- Lived expertise roles exist as dedicated positions.
- Employed by affiliates or as contractors, yet fully embedded in state decision-making.
- Onboarding processes, mentorship programs and career pathways are currently being developed.
- Successes: increased visibility, more relevant policies, stronger family buy-in.
- Ongoing challenges: funding sustainability, compensation parity and equitable representation across regions.



Peer Expansion Project for Parents and Youth

- This project is designed to scale Parent Support Partner (PSP) and Youth Peer Support (YPS) services **statewide**.
- These services account for two of the six Michigan Intensive Child & Adolescent Services (MICAS), outlined in the preliminary settlement terms of the D.D. v MDHHS litigation (formerly K.B. v MDHHS).
- Program support to ensure access is available statewide is critical.

PSP

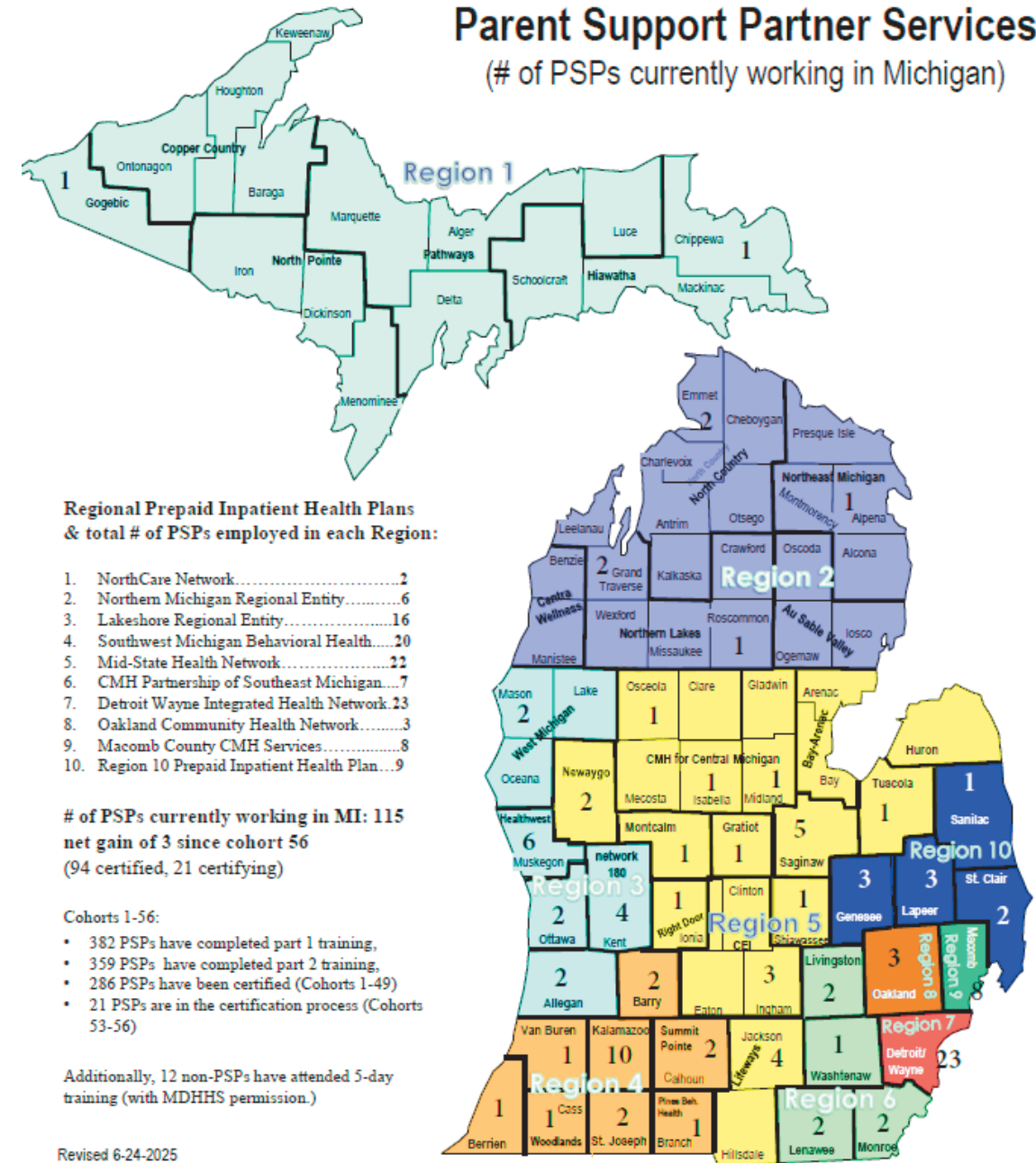
Parent Support Partner is a Medicaid service designed to increase family involvement, voice and engagement within the mental health treatment process and equip parents with the skills necessary to address the challenges of raising a youth with special needs.

The goal is to improve outcomes for youth with serious emotional disturbance (SED) and/or intellectual/developmental disabilities (I/DD), including autism, involved with the public mental health system.

Parent Support Partner is currently available in all Prepaid Inpatient Health Plan regions across the state; however, it is not available in every Community Mental Health Services Program (CMHSP).

Parent Support Partner Services

(# of PSPs currently working in Michigan)



YPS

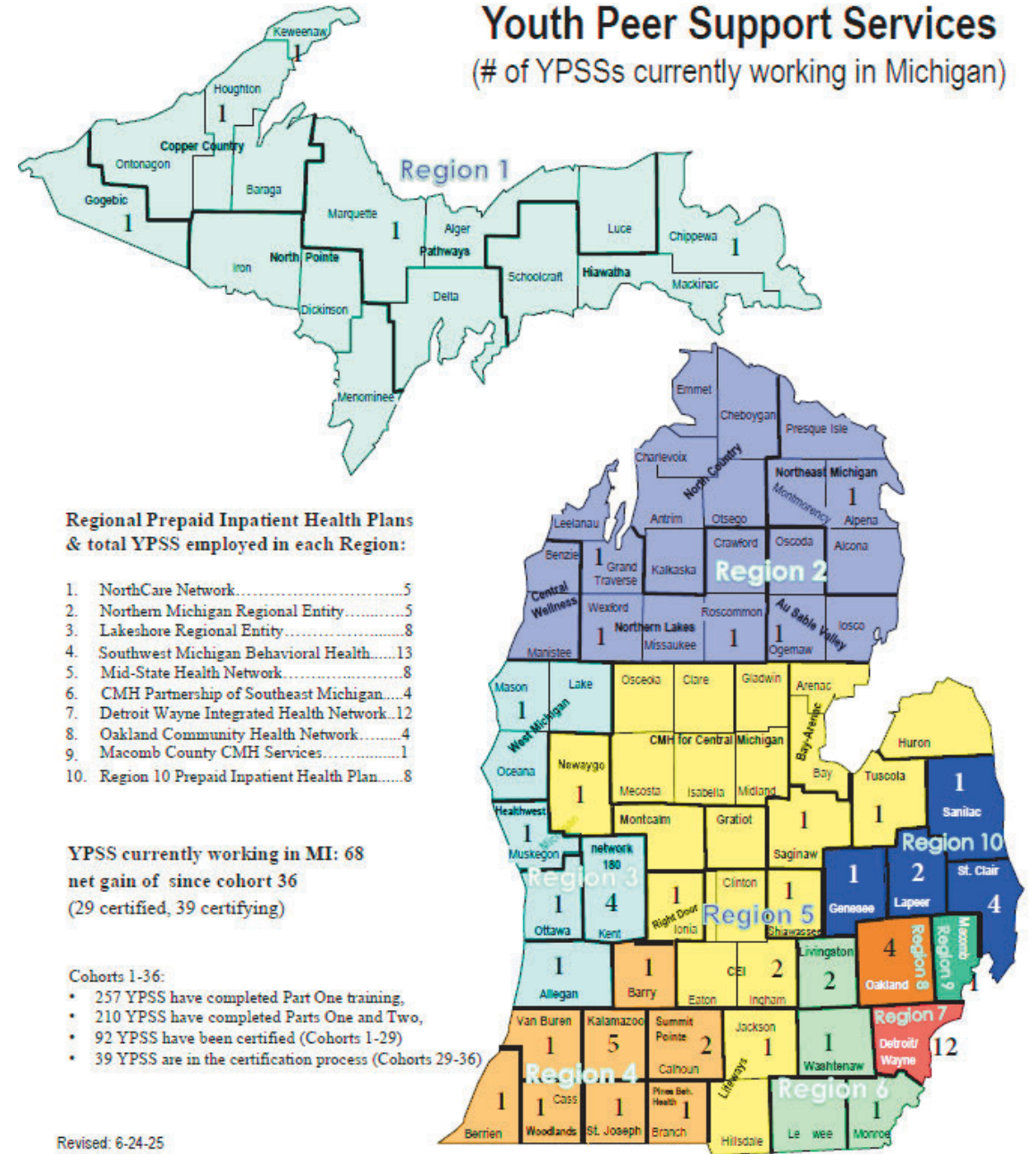
Youth Peer Support is a Medicaid service designed to support youth and young adults with serious emotional disturbance/serious mental illness (SED/SMI) through shared activities and interventions in the form of non-judgmental support, connection through lived experience, and supporting self-advocacy.

The service is provided to youth/young adults up to age 26 depending on individual development and life stage needs.

The primary goal of Youth Peer Support is to support youth and young adults by building a strong relationship based on mutual respect and strategic self-disclosure to increase hope, confidence, self-advocacy skills, and decision-making abilities.

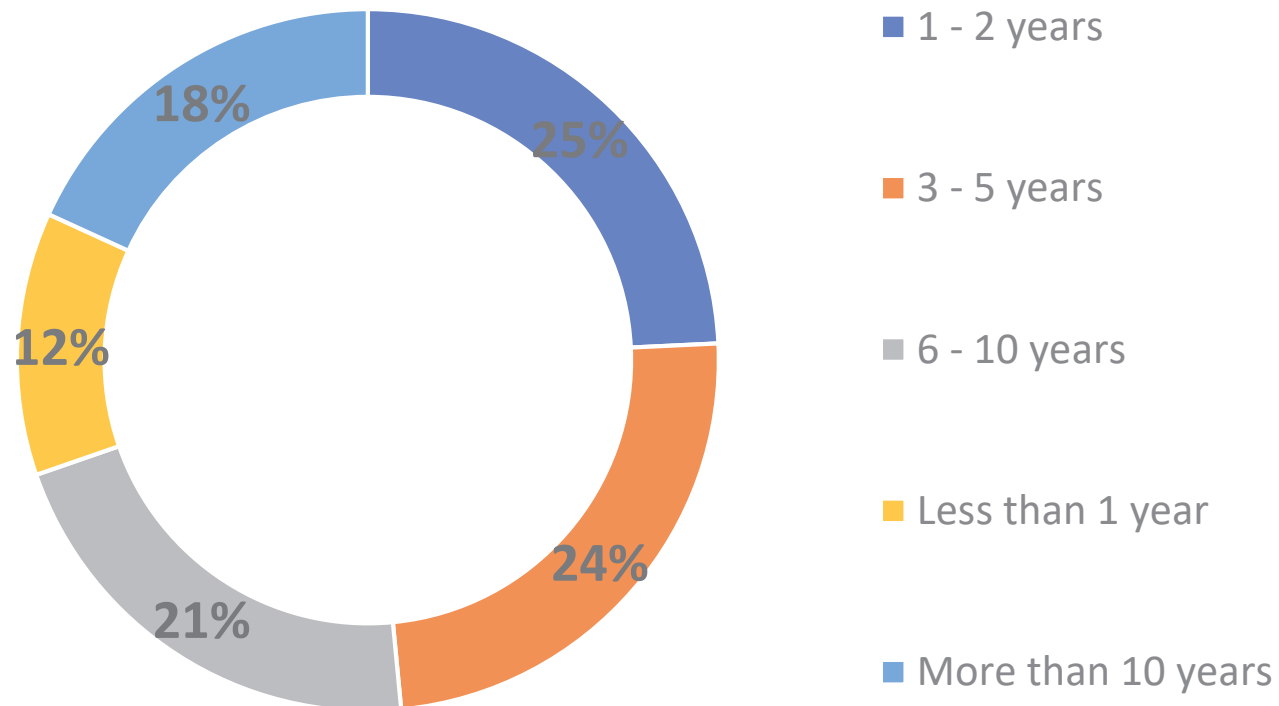
Youth Peer Support is currently available in all PIHP regions across the state; however, it is not available in every CMHSP.

Youth Peer Support Services (# of YPSSs currently working in Michigan)

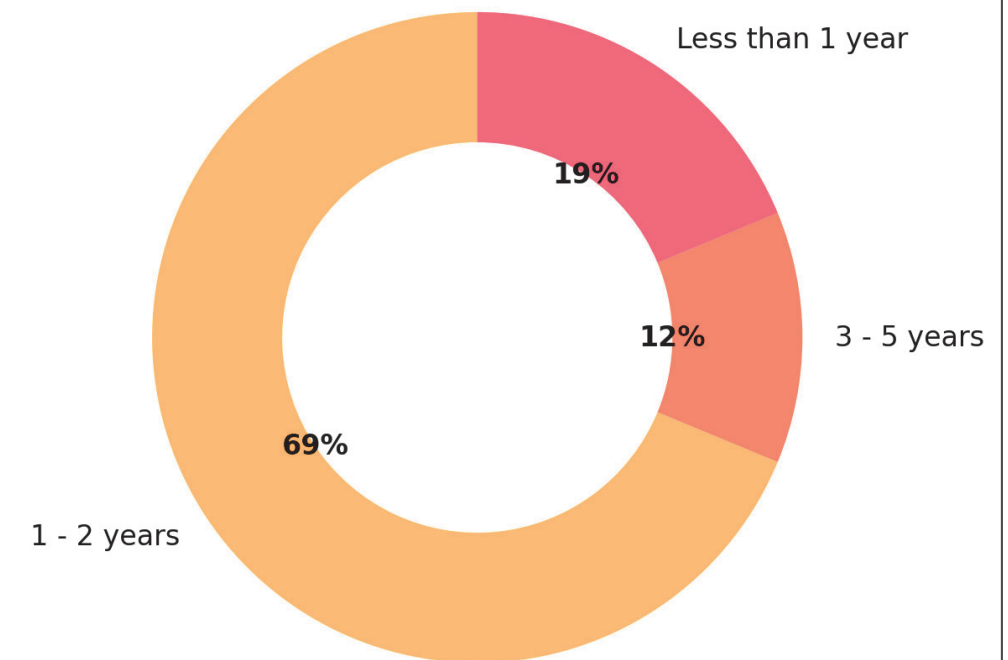


Longevity

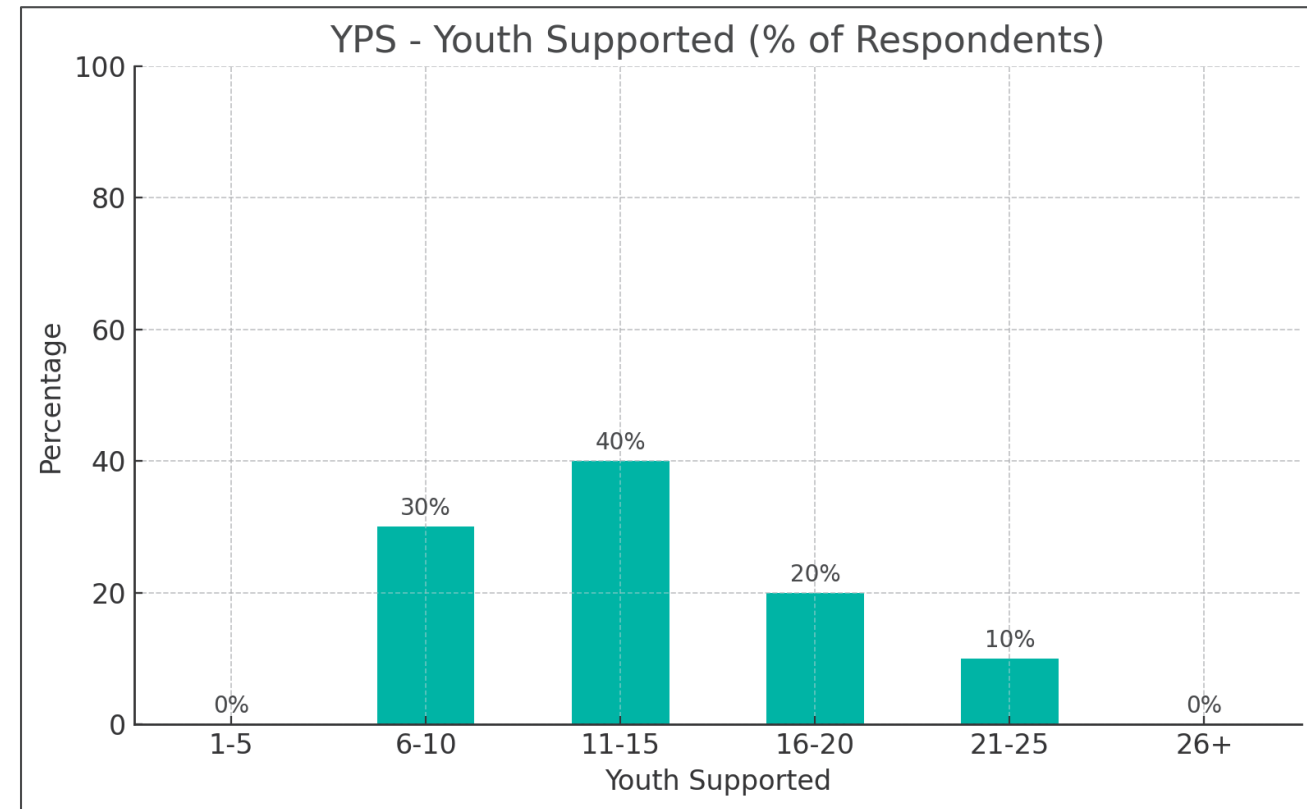
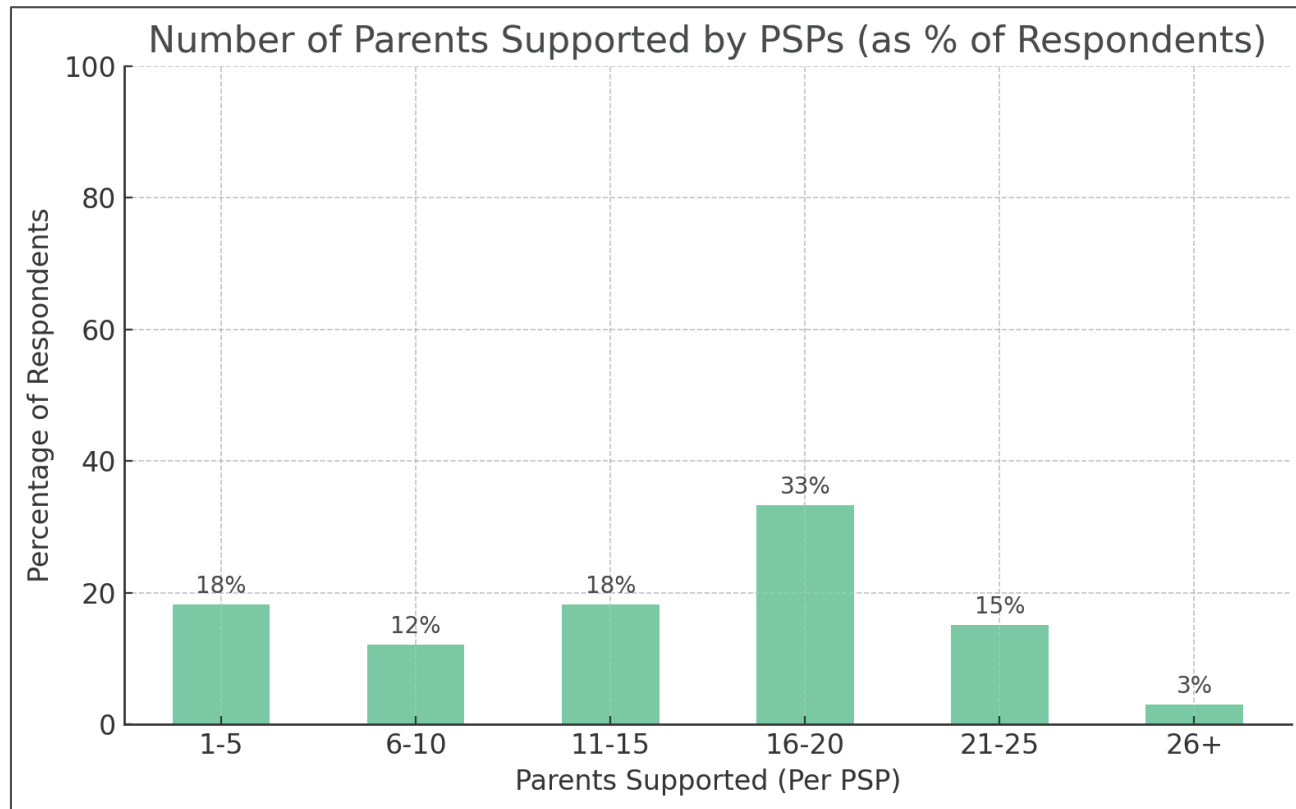
PSP - How long have you been with your agency?



YPS - How Long Have You Been With Your Agency?



Capacity



Discussion



What ideas do you have to increase the voice of lived experience in state government?

How can MDHHS partner better with families and youth in this work?



Are you a youth or the parent or caregiver of a youth? Do you have lived experience with the public behavioral health system, including CMHs and their providers? Are you a behavioral health service provider in Michigan?

We would love your thoughts! Your input may help inform:

- State policy or program changes.
- Best practice to engage with children, families, and providers.
- Guidance for and understanding of service eligibility and access.
- How to strengthen partnerships between children, families and service providers.

Your help may be requested in a variety of ways: participation in surveys, focus groups, art design, personal stories, Advisory Committees, etc.

Providing feedback when requested is always optional.

If you are interested in offering your viewpoint, please complete [this brief form](#). We will let you know when opportunities become available.

Thank you for sharing!





QUESTIONS

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